

# **A Woman's Guide To Saving Her Own Life: The HEART Program For Health And Longevity By Mellanie True Hills**

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Mellanie True Hills was leading a hectic life as a technology consultant when, at age 51, one of her coronary arteries became blocked and she experienced heart attack

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s Program for Reversing Heart Disease s Guide to Saving Her Own Life: *The HEART Program for Health & Longevity*. Hills is also a heart disease

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heart health advocate and patient Mellanie True Hills speaks on her life Woman s Guide to Saving Her Own Life: The Heart Program for Health and Longevity,  
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Mellanie True Hills, Mellanie True Hills is a women's health expert who She is the author of A Woman's Guide to Saving Her Own Life: The HEART Program for

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Mellanie Speak Speakers Bureau - Mellanie True Hills www.spiritofwomen.org, she has become a leading authority on women's heart health.  
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CEO at Mellanie True Hills Company / True Hills, Inc. A Woman's Guide to Saving Her Own Life: the HEART Program for Health and Longevity,

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When Mellanie True Hills says my heart She s also the author of A Woman s Guide to Saving Her Own Life: visit Lifescript s Atrial Fibrillation Health  
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by Mellanie True Hills. Mellanie True Hills is a women s health expert She is the author of A Woman s Guide to Saving Her Own Life: The HEART Program  
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She is the author of A Woman's Guide to Saving Her Own Life: The HEART Program for Health and Longevity. heart surgery, Mellanie True Hills now uses  
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